



# Signs & Symptoms of Mercury Exposure

Dr David Howard  
*Associates*  
&



Ph: 02 9436 1211

# Mercury Exposure

Do you suffer from:

## Oral Complaints

- ◆ Metallic taste
- ◆ Excessive salivation
- ◆ Swollen tongue
- ◆ Ulcers
- ◆ Periodontal disease

## Psychological

- ◆ Irritability
- ◆ Indecisiveness
- ◆ Insomnia
- ◆ Unreasonable anger
- ◆ Depression
- ◆ Anxiety
- ◆ Memory loss

## Endocrinological

- ◆ Chronic fatigue
- ◆ Excessive swelling
- ◆ Cold hands & feet
- ◆ Below average body temperature

## Cardiovascular

- ◆ Chest pain
- ◆ Dysrhythmias

## Skin

- ◆ Unexplained rashes

## Uro-Genital

- ◆ Urinary frequency
- ◆ Loss of libido
- ◆ Nocturia

## Neurological

- ◆ Headaches/migraines
- ◆ Tremors
- ◆ Muscle weakness
- ◆ Tinnitus
- ◆ Numbness
- ◆ Impaired vision

## Gastro-Intestinal

- ◆ Abdominal pain
- ◆ Constipation
- ◆ Diarrhoea
- ◆ Food intolerances


## Immunological

- ◆ Allergies
- ◆ Candida
- ◆ Sinusitis
- ◆ White cell abnormalities.

Then these may be rectified with amalgam removal and mercury detoxification.

For additional information please visit:

[www.davidhoward.com.au](http://www.davidhoward.com.au) or call the surgery for a consultation.



**Dr David Howard**  
*Associates*

Suite 102 2-4 Pacific Highway St Leonards NSW 2065  
Ph: 02 9436 1211 Fax: 02 9438 4965  
Email: [enquiries@davidhoward.com.au](mailto:enquiries@davidhoward.com.au)  
Web: [www.davidhoward.com.au](http://www.davidhoward.com.au)